



Catering menu allergen information – lunches and salads

Dish / foodstuff	Cereals with gluten	Nuts	Peanuts	Fish	Eggs	Milk	Soya	Celery	Mustard	Sesame	Sulphites	Lupin	Shellfish, crab & molluscs
Lunch Option 1	✓ wheat			✓	✓	✓			✓	✓	✓		
Lunch Option 2	✓ wheat			✓	✓	✓	✓		✓	✓	✓		
Chicken Breast													
Poached salmon													
Roast veg quiche	✓ wheat				✓	✓							
Green salad													
French dressing	✓ wheat								✓		✓		
Lentil salad						✓					✓		
Pasta salad	✓ wheat					✓					✓		
Couscous salad		✓									✓		
New potato salad					✓				✓				
Beetroot salad													
Cheese & onion crisps													
Other crisps													
Fruit medley													
Biscuits	✓ wheat				✓	✓				✓			
Pastries	✓ wheat				✓	✓	✓						
Muffins	✓ wheat	trace			✓	✓	trace						
Cakes	✓ wheat				✓	✓							

Please note Gluten free bread can be arranged in advance

Catering menu allergen information – Canapés

Dish / foodstuff	Cereals with gluten	Nuts	Peanuts	Fish	Eggs	Milk	Soya	Celery	Mustard	Sesame	Sulphites	Lupin	Shellfish, crab & molluscs
Vegetarian													
Roast vegetable skewers													
Falafel and tahini										✓			
Tomato mozzarella skewers		✓				✓							
Goats cheese mousse						✓							
Goats cheese onion tart	✓ wheat				✓	✓							
Chickpea, lentil samosa	✓ wheat					✓							
Meat													
Roast beef, York pudding	✓ wheat				✓	✓			✓				
Chicken bite with chilli	✓ wheat				✓								
Mini beef burgers	✓ wheat				✓	✓	✓		✓				
Duck pate, croutons, hoisin	✓ wheat						✓			✓			
Mini jerk chicken									✓				
Fajita, tortilla chips and dips	✓ wheat					✓							
Sambusa with yogurt	✓ wheat					✓			✓				
Meatballs and sauce	✓ wheat				✓								
Fish and sea food													
Salmon, cheese, croutons	✓ wheat			✓		✓							
Tiger prawns													
Haddock fish cake	✓ wheat			✓	✓	✓			✓				
Sweet													
Petit fours	✓ wheat				✓	✓	✓						

